

Instructions For Semen Analysis

This leaflet can be made available
in alternative languages / formats on request.

如有需要，本传单可提供其他语言/版式
此單張的其他語言/格式版本可按要求提供

Na żądanie ta ulotka może zostać udostępniona
w innych językach/formatach.

Whiston Hospital
Warrington Road,
Prescot, Merseyside, L35 5DR
Telephone: 0151 426 1600

St Helens Hospital
Marshall Cross Road,
St Helens, Merseyside, WA9 3DA
Telephone: 01744 26633

Instructions for Semen Analysis (Sperm test)

Please follow these instructions carefully, as a badly taken sample will affect your results.

Appointment

You must have an appointment before bringing a sample to the laboratory.

A specimen brought without an appointment will not be examined.

Semen analysis is a complex investigation which takes several hours and can only be undertaken by specially trained staff.

Please phone 0151 430 1831 or 0151 430 1837 to arrange a date & time for your specimen to be examined.

Appointments can **only** be made between the following times:

8.00 – 10.30 am Tuesdays and Thursday

The specimen must be brought to the Pathology Laboratory, Nightingale House at Whiston Hospital (by you or your partner) on the date and time arranged with the laboratory.

The specimen **must** arrive **within one hour of production**.

Collecting the sample

Abstain from **sexual intercourse or masturbation within 48 hours prior to providing the sample** - However, you should not have abstained from sex for more than **seven days**.

The laboratory will ask questions about your sample.

Wash your hands. Rinse and dry thoroughly as soap is harmful to sperm.

Use the sterile container provided

- Coitus interruptus is **not recommended** and should only be used in exceptional cases due to the risk of incomplete collection.
- Special condoms for fertility investigations may be an alternative under **exceptional circumstances**.
- **Do not** use a sheath/condom or lubricants as they are harmful to sperm.
- Container must be stored at room temperature prior to use and **do not** open the container until you are ready to produce the sample.
- Collect the sample by masturbation **ONLY**, collecting the **entire specimen** in the container. If you are unable to produce the sample by masturbation, please contact your GP or referring clinician for referral to a clinician led andrology clinic at the Liverpool Women's Hospital.
- Seal the container **immediately** afterwards then clearly write your **name, date of birth, date and time of production** of the sample on the label of the container.
- **Keep the sample warm** by carrying it under your clothing near to your body.