

## Who to speak to if I have any questions?

This information leaflet has been designed to give you some information about your treatment. If you would like some further information there is a leaflet written by the manufacturers in every box of linezolid. An electronic copy of this leaflet also available at:

[www.medicines.org.uk](http://www.medicines.org.uk).

If you have any concerns or questions, please speak to your doctor or pharmacist who will be happy to help. Please remember that serious consequences are rare and there are many benefits to taking these medicines.

# Linezolid

This leaflet can be made available in alternative languages / formats on request.

*如有需要，本传单可提供其他语言/版式  
此單張的其他語言/格式版本可按要求提供*

Na żądanie ta ulotka może zostać udostępniona w innych językach/formatach.

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## What is Linezolid used for?

Linezolid is an antibiotic used to treat infections caused by bacteria.

Your doctor may decide to give you linezolid if it is effective against the type of bacteria causing your infection.

## How do I take Linezolid?

Linezolid is taken orally twice a day every 12 hours, for example 8am and 8pm.

If you are in hospital, Linezolid may be given through your vein by a nurse.

## What are the side effects of Linezolid?

Like all medicines, linezolid can cause side effects. Linezolid can occasionally cause damage to your eyes.

**Please inform your doctor immediately if you experience any changes in your vision such as blurred vision, blind spots or colour changes.**

Linezolid can reduce your production of blood cells. This can increase the risk of you getting infections or becoming anemic (having a low number of red blood cells).

You may be more at risk of this side effect if you have been taking linezolid for more than 10 days. A blood test will be performed before and during treatment with linezolid for those on long courses. This will show if you are developing any of these side effects. If you do develop these side effects your doctor will review your treatment.

**If you have any of the following symptoms please contact your doctor immediately:**

- **Fever, chills or a sore throat**
- **Severe headache**
- **Problems with your sight**
- **Bleeding gums, blood in your stool or unexpected bruising or bleeding**
- **Tingling in your hands or feet**

## Other advice:

Some foods can increase your blood pressure when taking linezolid. You should avoid the following types of food:

- **Mature or aged cheese, liver, kidney, pickled herring, broad beans, game**
- **Beer and wine**
- **Fermented or air-dried meats such as salami**
- **Yeast extracts for example Bovril, Oxo, Marmite**
- **Fermented soya bean products e.g. soy sauce**
- **More than 500g of dark chocolate per day**
- **Protein diet supplements**
- **Sour cream and yoghurt**
- **Peanuts and some fruits** (such as figs, grapes, oranges, pineapples, plums, prunes, raisins, avocados and tomatoes)

It is important to tell your doctors or pharmacist about any medications you are taking. This includes any herbal medicines and medicines that you have bought from a supermarket or Pharmacy.