

# Discharge following sedation

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## What to expect

- You have received a sedative drug whilst in the Emergency Department.
- This is usually given to make it more comfortable for you to have a painful or unpleasant procedure done.
- It is normal to have a short period of memory loss as a result of being given a sedative drug.
- The vast majority of people will recover without any ill effects.

## Things to do after sedation

- Rest.
- Drink plenty of fluids and eat a light diet.
- Ensure there is a responsible adult looking after you for the first 24 hours following sedation.

## Things to avoid after sedation

- Do not drive a vehicle for 24 hours.
- Do not operate machinery.
- Do not drink alcohol.
- Do not make important decisions.
- Do not care for dependent adults or children without help.

**If you have any concerns, please contact  
The Emergency Department**

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Warrington Road,  
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