

# Following your Miscarriage

This leaflet can be made available  
in alternative languages / formats on request.

*如有需要，本传单可提供其他语言/版式  
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Na żądanie ta ulotka może zostać udostępniona  
w innych językach/formatkach.

**You were seen today by:** \_\_\_\_\_

Miscarriage can be a very frightening, unhappy and lonely experience.

Staff in the Buchanan Suite are here to support you at this difficult time.

### **Following your miscarriage**

- You may experience bleeding on and off for the next two weeks.
- This bleeding may be heavy at times.
- During this time a pregnancy test would still be positive.
- Your next period should be due in 4 – 6 weeks' time.

**If the bleeding persists for longer than two weeks or you notice an offensive vaginal discharge, then please telephone The Buchanan Suite for advice on:**

**0151 290 4356 or 0151 430 1737**

**Monday to Friday 9am – 12.30pm**

**Monday & Wednesday 1.30pm – 5.00pm**

**(except bank holidays)**

**Or**

**Gynaecology Ward (3E) for advice on:**

**0151 430 1522 (anytime)**


Sometimes it is necessary to confirm a miscarriage with blood tests to measure the pregnancy hormone level. If this is necessary you will be advised by the staff in the Buchanan Suite.

If you wish to try for another pregnancy, you may find it best to try when you are feeling emotionally ready.

**Leaflets available from the miscarriage association are:**

[www.miscarriageassociation.org.uk](http://www.miscarriageassociation.org.uk)

- We Are Sorry You Have Had A Miscarriage
- Preparing for Another Pregnancy
- Men and Miscarriage
- Pregnancy Loss



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