

Post vasectomy semen analysis

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Na żądanie ta ulotka może zostać udostępniona
w innych językach/formatach.

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Document Number: STHK1236
Version: 11
Review Date: 31/10/2022

Instructions for Collecting Post Vasectomy Semen

You have been asked to bring a semen sample to the laboratory following your vasectomy.

The sample should be produced 16+ weeks post surgery.

Please follow the instructions below:-

Collecting the sample

- Before collecting the sample, it is important that **you have not had sexual intercourse or masturbated within the past 48 hours.**
- However, you should not have abstained from sex for more than **seven days.**
- The laboratory will ask questions about your sample.
- Wash your hands.
- Rinse and dry thoroughly as soap is harmful to sperm.
- **Use the sterile container provided**
- **Do not** use a sheath/condom as these are harmful to sperm.

- **Do not** open the container until you are ready to produce the sample.
- Collect the sample by masturbation, collecting the **entire specimen** in the container.
- Seal the container **immediately** afterwards.
- Write your **name, date of birth, date and time** of production of the sample on the label of the container.
- **Keep the sample warm** by carrying it under your clothing near to your body

Please note:

For accurate results, the specimen should reach the laboratory **within 2 hours** of being produced.

The specimen must be brought to the Visitors Reception, Pathology Laboratory, Nightingale House at Whiston Hospital (by you or your partner) within 2 hours of production.

Samples must be brought to the lab during the following times;

8.00 – 11.00am Tuesdays and Thursday

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