

Other useful organisations

<http://www.patient.co.uk/>

<http://www.nhsdirect.nhs.uk/index.asp>

<http://www.patientsupport.org.uk/>

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Epididymal Cyst

Patient Information Leaflet

St Helens Hospital
Marshalls Cross Road
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Please take the time to read this information about the procedure you are having today

If you have any questions please speak to a member of the nursing staff who will be happy to advise you

An **Epididymal Cyst** is a swelling on the epididymis (the tube which collects the sperm), and can be surgically removed. This involves a small cut in the scrotum which is closed with dissolving stitches, and can take **2-3** weeks to dissolve.

A **Hydrocele** is a collection of fluid around the testicles which can be removed, also involving a small cut to the scrotum, and dissolving stitches.

Your nurse today is:

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You **Will** need an out-patients appointment

You will **Not** need an out-patients appointment

Post-operative instructions

- You will need to wear a scrotal support (jock-strap) for approximately **1** week to lift the testicles up to support them. This will be provided by the ward staff.
- Supportive underwear like swimming type trunks can help reduce swelling and bruising.
- Keep the area dry for **24** hours. After this time daily warm baths will help keep the wound clean, and help the stitches dissolve.
- At any sign of infection ie: redness around the area, oozing, or a high temperature, **please see your GP as you may be developing an infection.**

If you experience any excessive bleeding or swelling go to your nearest Accident & Emergency Department