

## Other useful organisations

<http://www.patient.co.uk/>

<http://www.nhsdirect.nhs.uk/index.asp>

<http://www.patientsupport.org.uk/>

**This leaflet can be made available in alternative languages/formats on request**

## Day Surgery

### Sanderson Suite

**01744 646089**

**01744 646098**

## Cystoscopy

**Patient Information Leaflet**

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Produced by Sanderson Suite

**St Helens Hospital**  
**Marshalls Cross Road**  
**St Helens WA9 3DA**

This leaflet contains important information about your condition on discharge. Please read it carefully and discuss it with your nurse, nurse clinician, or doctor. If there is anything you are unsure about or do not understand, please see any member of the ward staff who will be happy to help. We do not want you to go home confused about any aspect of your care.

### Your Nurse Is.....

**Phone: 01744 646089 or 01744 646098**

You will need an outpatient appointment, which will be made for you.

You may need further tests, which will be discussed before discharge

You will not need an outpatient's appointment

You will need a further cystoscopy on Day Ward in.....months, under a general anaesthetic, when you are asleep.

You will need a flexible cystoscopy under a local anaesthetic when you are awake, in.....months time on ward in urology clinic.

### Your Post – Operative Care

**Cystoscopy** (using a thin telescope). This is an inspection of the urethra (water-pipe) and bladder. This can be performed under a general anaesthetic (when you are asleep) or a local anaesthetic (when you are awake). **All the procedures listed below can be performed using this telescope.**

- **Urethral dilatation** (stretching of the water pipe) to make passing water (urine) easier.
- **Vesico-distension** (stretching the bladder) this can improve your ability to hold larger amounts of urine.
- **Cysto-diathermy** this is burning away any growths found in the bladder.
- **Biopsies** (taking a sample of tissue) may be taken and sent to laboratory for investigation.
- **Botox injections**

It is normal to experience mild cystitis-like symptoms (burning sensation when passing urine) afterwards and may be accompanied by a little bleeding. Drinking plenty of fluids (mainly water) should improve this.

**If you have any excessive bleeding or cannot pass urine, go to your nearest Accident and Emergency Department**