

Other Useful Organisations

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Day Surgery

Sanderson Suite

01744 646089

01744 646098

Colonoscopy

Patient Information Leaflet

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Produced by Sanderson Suite

St. Helens Hospital
Marshalls Cross Road
St Helens WA9 3DA

This leaflet contains important information about your condition on discharge.

Please read this carefully and discuss it with your nurse, nurse clinician or consultant

If there is anything you are unsure about or do not understand, please see any member of the ward staff who will be happy to help. We do not want you to go home confused about any aspect of your care.

Your Nurse Today is:

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A **Colonoscopy** is a test which allows a doctor/nurse specialist to look at the inside of the large bowel (colon,) with a flexible tube. It can be performed under a general anaesthetic (when you are asleep), or under sedation (when you are drowsy).

Biopsies (small pieces of tissue,) may be taken and sent for tests. Sometimes polyps (small lumps of tissue), can be causing the problem, and the person doing the colonoscopy may be able to remove it/them during the procedure.

To allow a clear view the bowel must be empty. You should have been given medicine to take (by your GP, or someone from the hospital), with instructions to clear the bowel out before you came to hospital.

You may need further tests which will be discussed before discharge.

If you need a clinic appointment this will be given to you before discharge.

Post Operative Care

It is normal to have wind-like pains and a feeling of wanting to go to the toilet, but this will soon wear off.

If you have any excessive bleeding or excessive stomach pains after this procedure, go to your nearest Accident & Emergency Department