

Ref no: 156220719
From: Public
Date: 22/07/19
Subject: Mental health services

REQUEST

1. Does your organisation provide mental health services as part of the Improving Access to Psychological Therapies (IAPT) programme
2. If so, can you provide information as to what services you provide as a 'first treatment'. Does this for example, include group therapy sessions, telephone appointments, face to face appointments with counsellors, or self-guided online tools or workbooks. Please list all forms of 'first treatment' types your IAPT service provides.
3. For all types of 'first treatment' provided as part of your service, please the number of appointments that took place in 2018/19 of each type.

RESPONSE

These services are provided by North West Boroughs NHS Trust.