

Ref no: 123110319  
From: Commercial  
Date: 11/03/19  
Subject: Mental Health & Wellbeing Digital App

## REQUEST

### Mental Health and Wellbeing Digital App FOI

Please answer the following questions regarding your organisations use of mobile applications to support employee mental/emotional health and wellbeing.

1. Does your organisation offer any **digital apps** as a resource for staff to support their mental/emotional health and wellbeing? (e.g. Big White Wall, My Possible Self, Thrive)  
*Apps may provide advice and guidance to support wellbeing, diary entries or an interactive self-help programme etc. to support the reduction of stress, anxiety and/or depression*  
**No.**
2. If yes to Q1 please provide the following information for **each app** used by the organisation
  - a. Name of third-party supplier(s)
  - b. Who is responsible for the payment of the app (*i.e. employee or employer*)
  - c. What is the annual price paid for the app in 17/18?
  - d. Contract start date & end date
  - e. What date did the app **go live** in the organisation?
  - f. Did the organisation use a framework to procure the service? If so, please state the framework used
  - g. Please list **all external systems** the app integrates with (*e.g. EAP providers, GP referrals*)
  - h. Does the app include any form of financial wellbeing support? (*e.g. advice and/or helplines*)
  - i. Through the utilisation of the app, has your organisation seen any **quantifiable benefits**? Please provide detail on the benefits achieved (*e.g. an increase in employee productivity, increase in staff retention, reduction in staff sickness absence or a reduction in occupational health referrals*)

N/A

3. For **each supplier** listed in Q2, please indicate the number of employees registered on the app, split by the following staffing groups

Name of Supplier	Nursing & HCA's	Medical	Allied Health Professional/ Scientific, Therapeutic and Technical (AHP/STT)	Non-medical Non-clinical (NMNC)	Total

**N/A**