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From: Public
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Subject: Sustainability and Transformation Plans

REQUEST & RESPONSE

1. What steps, if any, your organisation has taken to implement a:
- (a) Footprint
 - (b) Sustainability and Transformation Plan;
 - (c) Sustainability and Transformation Partnership;
 - (d) Accountable Care System;
 - (e) Accountable Care Organisation;

On question 1:

The Cheshire and Merseyside Transformation & Sustainability Partnership (STP) is one of the largest STPs in the country.

The partners are detailed below:

Clinical Commissioning Groups: Knowsley, South Sefton, Southport and Formby, Eastern Cheshire, Wirral, Liverpool, Halton, St Helens, South Cheshire, Vale Royal, West Cheshire, Warrington

Local Authorities: Knowsley, Sefton, Liverpool, Halton, St Helens, Cheshire East, Cheshire West and Chester, Warrington, Wirral

Providers: Liverpool Heart and Chest Hospital NHS Foundation Trust, Alder Hey Children's NHS Foundation Trust, Royal Liverpool NHS Foundation Trust, Countess of Chester NHS Foundation Trust, St Helens and Knowsley Hospitals Trust, Walton Centre for Neurology and Neurosurgery, Bridgewater Community Healthcare NHS Foundation Trust, Wirral University Teaching Hospital NHS Foundation Trust, Mersey Care NHS Foundation Trust, East Cheshire NHS Trust, Cheshire and Wirral Partnership NHS Foundation Trust, Wirral Community NHS Foundation Trust, Liverpool Women's Hospital NHS Foundation Trust, Warrington and Halton NHS Foundation Trust, 5-Boroughs Partnership NHS Foundation Trust, Mid-Cheshire Hospital NHS Foundation Trust, North West Ambulance Trust, Aintree University Hospitals NHS Foundation Trust, Clatterbridge Cancer Centre NHS Foundation Trust, Southport and Ormskirk Hospitals Trust, Liverpool Community Trust

Cheshire and Merseyside is a region of contrasts; with urban areas that have higher levels of poor health and a greater concentration of hospital services, alongside towns and rural areas that have different challenges, including physical access to services.

Partners across Cheshire and Merseyside are working together to accelerate the implementation of the Five Year Forward View (5YFV) for our communities. We have come together to address the shared challenges we face; people are living longer, but not always healthier, lives; care is not always joined up for patients in their local community, especially for the frail elderly and those with complex needs; as a result, there is an over-reliance on acute hospital services that often do not provide the best setting for patients. There is also a need to support children, young people and adults more effectively with their mental health challenges.

At the same time, there is enormous pressure on health and social care budgets. We are clear that we need to think more radically about how best to address the challenges we face, otherwise we will fail to support the needs of our communities into the future.

There are 4 strategic priorities that partners are committed to delivering together:

- Support for people to live better quality lives by actively promoting the things we know will have a positive effect on health and wellbeing and reduce reliance on services;
- Working together with partners in local government and the voluntary sector to develop joined up models of care, outside of hospital, to give people the support they need in the right place, from the right professionals at the right time;
- Designing hospital services for our communities that meet modern clinical standards, reducing variation in quality and ensuring a clinical and financially sustainable hospital system;
- Becoming more efficient by reducing costs in corporate services and maximising the efficiency and patient benefits of clinical support services.

The role of the Cheshire and Merseyside Five Year Forward View is to co-ordinate our joint efforts; promoting innovation, sharing expertise and ensuring that our populations experience better health, better care and that the health and care system delivers better value.

There are currently no NHS Accountable Care Systems or NHS Accountable Care Organisations operating in England. However, the Cheshire and Merseyside plan does include proposals to develop accountable care systems. This direction of travel towards integrated health and care on a population basis is set out in *The NHS Next Steps on the Five Year Forward View*, published in March 2017.

<https://www.england.nhs.uk/publication/next-steps-on-the-nhs-five-year-forward-view/>

2. What plans you have to implement any or all of the above and the proposed timescale for doing so and decision-making processes to be followed in doing so.

On question 2:

The Sustainability and Transformation Plan was published in January 2017 and is accessible from all Cheshire and Merseyside CCG websites. The document sets out timescales for some elements of the plan. The plan is currently being refreshed and it is expected that the STP will publish an update in 2017 which will report progress and provide further details about proposals and timescales. The original plan can be viewed here:

http://www.liverpoolccg.nhs.uk/media/1856/cheshire-merseyside-stp_issue_version-4-4_15-nov-16.pdf

3. Any documentation or instruction that you have received from NHS England describing the action your organisation is required to take, or may take, to establish the above organisations and/or otherwise to implement the new care models described in the Next steps on the NHS five year forward view and the Five year forward view.

On question 3: The STP pages of NHS England's website hosts several correspondence, reports and planning aids. This can be accessed at: <https://www.england.nhs.uk/stps/resources/>

4. An explanation of the legal and organisational nature of the governance arrangements for the "footprint", as described in the Next steps on the NHS five year forward view and the Five year forward view, of which your organisation is part.

On question 4: STPs are not new statutory organisations but new ways of working. Each partner within our STP retains their existing statutory responsibilities. There are currently no NHS Accountable Care Systems or NHS Accountable Care Organisations operating in England.

5. Your organisation's understanding of the consequences if it does not implement a Sustainability and Transformation Plan, a Sustainability and Transformation Partnership, an Accountable Care System, an Accountable Care Organisation and/or any of the other new care models described in the Next steps on the NHS five year forward view and the Five year forward view, and the documents on which that understanding is based.

Over the next 15 years the number of people in the UK aged 65 and over is projected to increase by two fifths. The number of people with long term conditions will continue to grow as a result of increased life expectancy. The

latest research has found that over half of those aged 60 and over report having a long-term condition; with a quarter of over 60s diagnosed with two or more. This is all placing significant pressure on our local health and care systems, and means councils are in an increasingly challenging position on the provision of social care.

In addition to challenges in managing long term conditions, as a nation we also have significant public health issues. One in five of those aged over 16 smoke; two thirds of adults are overweight/obese and 45% of those who drink alcohol consume a third of their weekly limit on a single day.

The NHS 'Five Year Forward View', published in October 2014, set out how the NHS would work with local government to adapt and meet the afore mentioned challenges by 2020/21. This led to the creation of five new models of care, 50 pilot programmes across England known as 'vanguards, and 44 STP areas.

Building on this success NHS England published the delivery plan 'Five Year Forward View: Next Steps' in March 2017. The document summarised the progress the NHS has made, and the next steps we need to take to delivery integrated and improved patient care.

Completing the implementation of the Five Year Forward View is critical to providing improved patient care.

Caroline Abrahams, the Charity Director of Age UK, the country's largest charity dedicated to older citizens, has said STPs are too big an idea to fail and the best chance we currently have of updating services so they are a better fit with today's population, rather than yesterday's.