

Medical Micropigmentation (Tattooing)

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in alternative languages / formats on request.

如有需要，本传单可提供其他语言/版式
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Na żądanie ta ulotka może zostać udostępniona
w innych językach/formatach.

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Assessment

An assessment form of your general health will be completed before beginning the procedure and you will be asked to sign a consent form that includes permission for photographs to be taken. These will assist the practitioner in your treatment and in recording and auditing outcomes. They will be confidentially stored and managed in accordance with Trust policy.

Aftercare Instructions:

Careful attention is now required to ensure the best possible result from your micropigmentation treatment.

Immediately Afterwards:

- NO cosmetics to be applied to the treated area for at least 7 days
- If showering, avoid the water jets hitting the treated area and splash bathe only.
- NO soap or cleansers to be used until the treated area has created its own natural barrier
- Please keep the treated area dry for 24 hours (if you have a dressing this should be kept in place for 24 hours).
- Once the treated area is healed you may go out in the sun but a waterproof total sunblock should be used at all times
- Exposure to the sun over time will cause fading and colour change
- DO NOT pick or pull at the treated area as it will result in pigment loss

These instructions must be carefully followed to minimize the risk of infection or scarring.

Important note — colour will appear very intense immediately after treatment. This will fade rapidly after the first week and then continue to fade more slowly over the next 2-3 months.

MRI Scans

The pigments may show up as an artefact on the scan possibly due to iron content. Some clients may experience a tingling sensation. Please notify the radiologist before commencing any scan.

Further treatments (at 6 weekly intervals) may be required to complete the process and colour matching cannot be guaranteed due to body and climatic changes.

A follow up appointment will be made after your final visit, it is important that you keep this appointment. Photographs may be taken to allow further assessment of the micropigmentation. You may contact the department at any time with any queries.

Alternatives to Micropigmentation

The main alternatives to micropigmentation would be:

- Skin camouflage
- Custom made silicone prostheses

The use of **skin camouflage** creams may be suitable for skin conditions such as vitiligo or for camouflage of scars.

Custom made **silicone prostheses** may be useful where a nipple has not been surgically reconstructed, therefore providing the nipple projection. These are made to match size, shape and colour of the existing nipple/areola and are usually supplied with a medical grade adhesive.