

Important Notice

If you are unable to attend for your appointment please telephone the clinic in advance so that your appointment can be allocated to someone else.

**If any urgent problems out of clinic hours
Please contact: Ward 3E on:
0151 430 1522**

This leaflet can be made available in alternative languages/formats on request.

St Helens Hospital Department of Gynaecology Services

01744 646301

Colposcopy Clinic

Coagulation Treatment

Green Zone

Ground Floor

9am – 5pm

Patient information leaflet

**St Helens Hospital
Marshalls Cross Road
St Helens WA9 3DA**

Reasons for procedure

Coagulation is used to treat symptoms of post coital bleeding (bleeding after intercourse).

Nature of the procedure

Coagulation means touching your cervix with a small heated metal disc. The disc is usually applied for 20-30 seconds. During this time you will feel a period type of pain. If you want to take your own painkiller before you attend this is perfectly acceptable.

Discomforts of the procedure

Although most patients tolerate this procedure quite well you may if you wish have a local anaesthetic. This will be discussed with you at the time.

Following coagulation you will experience a heavy watery discharge that can last for 4 weeks and at times be blood stained.

You are advised **not to** wear tampons for this discharge/bleeding and no sexual intercourse until the discharge/bleeding has stopped.

If your loss becomes excessive or offensive please use the enclosed phone numbers for advice.

Risks of the procedure

- Infection
- Bleeding
- Trauma to the vaginal walls

Benefits of the procedure

The treatment is intended to stop the abnormal bleeding you experience after intercourse.

Alternatives to the procedure

If coagulation treatment had been offered to you for bleeding after sex there is no alternative treatment. Some women, once they realise that there are no abnormalities present on their cervix tend to tolerate the symptoms without treatment.

Consequences of not having the procedure
Conservative management for post coital bleeding means that the cells on the cervix rejuvenate in time and this problem then reduces and stops.

Please note this treatment cannot be done whilst on a period. However, if you are experiencing abnormal or irregular bleeding please contact the clinic for advice.